

Questions and Answers on the New England Flow Policy

An overview of the Interim Regional Policy for New England Stream Flow Recommendations intended for use by lay persons, members of watershed groups, environmental organizations, consultants, public agency staff and others with an interest in instream flow methods and policy.

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U.S. Fish and Wildlife Service

Concord, New Hampshire

May 11, 1999

Introduction

The New England Flow Policy has been used extensively since 1980 to establish instream flow levels at water development projects primarily by government agencies and consulting firms. During this time period, a gradual transition in water pollution priorities has occurred with the present focus on nonpoint source issues, water quantity and watershed initiatives. As a result, many new players have become involved in water issues. With this influx comes a craving for information to help citizens understand how government agencies such as the U.S. Fish and Wildlife Service review water development proposals from a policy perspective, and what methods are used to develop instream flow recommendations. Instream flow is critical to the protection and propagation of stream fishes and related aquatic life because flowing water with certain velocity, depth, substrate, cover and other micro- and macro habitat variables is required to sustain the life cycles of these fluvial life forms.

QUESTIONS AND ANSWERS ON THE NEW ENGLAND FLOW POLICY

Que. 1 What is the New England Flow Policy?

Ans. The New England Flow Policy is an internal U.S. Fish and Wildlife Service directive that establishes standard procedures for USFWS personnel when reviewing, providing planning advice and commenting on water development projects in New England. A copy of the policy is included in Appendix A.

Que. 2 Why was the flow policy developed?

Ans. The flow policy was developed to address a number of regional needs including, but not limited to, institutional factors relating to water resource policies both within and outside the Service; a need for instream flow criteria to serve as a water resource planning tool; to provide standardized instream flow assessment procedures; to address regional energy and water supply initiatives; and to address water quality issues.

Que. 3 When was the flow policy developed?

Ans. The development of the flow policy was initiated in the fall of 1978, and the iterative development process continued until February 13, 1981.

Que. 4 What internal review procedures were utilized during the flow policy development phase?

Ans. Various iterations of the policy received review at three different levels. The first level of review occurred in the Ecological Services Office in Concord, NH. The second review level included field offices under the New England Area Office. The third level of internal review occurred at the Regional Office in Newton Corner, Massachusetts. The individuals involved included fishery and wildlife biologists, research biologists, hydrologists, engineers and management level staff.

Que. 5 Did the flow policy receive interagency review?

Ans. Yes, the iteration of the policy issued by the Regional Director, on April 11, 1980 was distributed with a request for comment, to agencies with a known interest in instream flow issues including the New England River Basins Commission, the Federal Energy Regulatory Commission, State Fish and Wildlife Agencies, and the Department of Energy.

Que. 6 What does the term Aquatic Base Flow (ABF) mean?

Ans. The term Aquatic Base Flow was coined by the Service to describe a set of chemical, physical and biological conditions that represent limiting conditions for aquatic life and wildlife in stream environments. In hydrological terms, it means median August flow as calculated by the Service (see Question 12).

Que. 7 How is the flow policy structured?

Ans. The flow policy utilizes a bifurcated approach as illustrated in Figure 1 to develop instream flow recommendations. Section C.3. contains the standard setting Aquatic Base Flow (ABF) method, while Section C.6. provides for site-specific studies such as the Instream Flow Incremental Method (IFIM).

Que.8 What is a standard setting method and why is it included in the policy?

Ans. In regulatory parlance, instream flow standard setting is by definition, a procedure that consistently identifies a flow level that offers a conservative level of protection for aquatic resources without the need to do (or in the absence of) site-specific evaluations. The standard setting ABF method was included in the policy to serve both planning and regulatory needs. Many applicants either do not need or do not have sufficient time or resources to conduct a site-specific instream flow study. The vast majority of projects processed under the flow policy have used the standard setting ABF method.

Que. 9 What are the ecological underpinnings of ABF?

Ans. The ABF method relies on the natural ecological-hydrological system to serve as a baseline or reference condition from which stream flow conditions suitable for the protection and propagation of aquatic life could be identified. Aquatic life in natural stream systems are subject to an inherently complex array of imperfectly understood relationships and conditions that serve to limit or promote life in lotic environments. The Service concluded that aquatic life in free flowing New England streams have evolved and adapted to naturally occurring chemical, physical and biological conditions, and that if these environmental conditions could be emulated, aquatic life would be sustained at a level commensurate with populations existing under similar natural environmental regimes.

Que. 10 Was the limiting factors concept used in the development of the ABF standard setting method?

Ans. Yes, the concept was used to identify critical life cycle functions, temporal periods, and chemical and physical parameters that could function as limiting factors on aquatic life. Low flow conditions in August typically represent a natural limiting period because of high stream temperatures and diminished living space, dissolved oxygen and food supply. Over the long term, stream flora and fauna have evolved to survive these adversities without major population changes. The median flow for August was therefore designated as the Aquatic Base Flow.

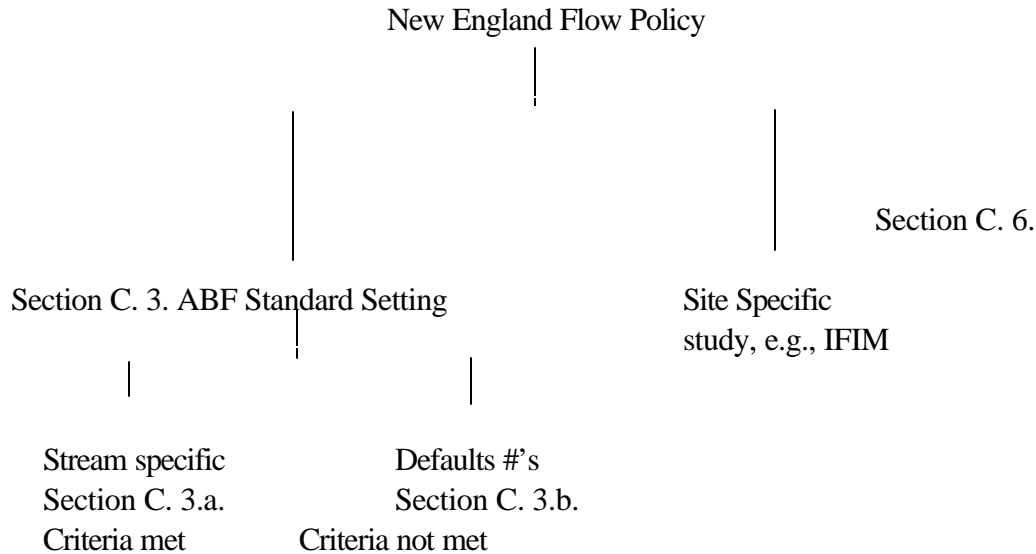


Figure 1

A similar analysis was used to address other critical functions such as spawning and incubation including access to spawning sites, e.g., migration needs. For fall spawning fish, February was selected as the month with limiting conditions because of low stream flow, cold temperatures and instream ice conditions. In addition to spawning and incubation considerations, the fall-winter criterion is applicable to aquatic life and wildlife that use streams as overwinter or refuge habitat, e.g., turtle hibernacula. For the spring period, the months of April and May were combined to address spawning and incubation requirements for instream and overbank (floodplain/wetland) spawning species and for channel integrity.

Que. 11 Was a risk-based analysis used in the development of the ABF standard setting method?

Ans. Yes, since the ABF method utilizes critical portions of historic flow patterns to identify levels below which flow cannot be altered in New England streams, the Service concluded that it was a reasonable risk to assume that the aquatic flora and fauna that have evolved and adapted to these conditions would be protected. The risk analysis included an evaluation of different levels of protection such as protecting the complete hydrograph, an intermediate step such as median monthly flows for each month, or the critical periods identified in ABF. The environmental needs of aquatic life were weighed against the realities of administering a more complex standard and the decision was made that it was an acceptable risk to protect those portions of the hydrograph where limiting factors could be identified.

Que. 12 What criteria or sideboards are used in the ABF method?

Ans. The criteria include a minimum size drainage area of 50 square miles, a period of record for each stream gaging station of at least 25 years, gaging records of good-to-excellent quality, a basically free flowing or unregulated stream and median monthly flow values calculated by taking the median of monthly average flows for the period of record.

Que. 13 Why were these specific criteria chosen?

Ans. The basic reasons that these criteria or sideboards are used is to help insure that consistent resource protective (conservative) results are achieved and to meet the basic tenets of standard setting.

- The 50-square mile drainage area is intended to insure that a dendritic drainage pattern is included to help smooth out the effects of localized storms, reduce streamflow variability and avoid mass balance issues associated with small drainage systems.

- The 25-year period of record was selected to help insure that the gaging record would include drought and high flow periods and not be unnecessarily skewed by one or the other.

- Stream gaging stations with good to excellent quality records were chosen to insure accuracy in flow measurements. This criterion is occasionally violated at some stations in the winter due to ice conditions.

- The phrases "basically free flowing" or "basically unregulated" are intended to reflect stream flow records that may be more than minimally affected by regulation when viewed in its broadest context. Readers are reminded that few, if any, truly unregulated systems exist in the New England landscape due to past and present land and water uses.

- Median monthly flow values were calculated by taking the median of monthly mean flow. This calculation procedure minimizes the effects of regulation that would be captured, especially during low flow periods, if medians calculated by taking the median of daily average flow were used. These effects of land use, off-stream water use, diversions and storage/release operation by mills and hydroelectric stations tend to skew the median values downward. The longer time step in the monthly average reduces, but does not eliminate, the effect of the regulation. Monthly average (mean) flow was considered as a criterion but this statistic tends to incorporate the effect of high flow events and skews the monthly flow value upwards. The median of monthly average flow reduces but does not eliminate this skew and provides a reasonable measure of central tendency.

Que. 14 Does the flow policy apply only to fish or does it apply more broadly to aquatic life?

Ans. The policy is primarily intended to cover aquatic fauna. However, the policy can be used to address aquatic flora since over time, aquatic plants evolved and adapted to stream conditions in a natural selection process similar to faunal resources.

Que. 15 What is the ABF reference stream and how is it used?

Ans. The ABF reference stream represents monthly streamflow conditions in New England. It was developed from the data compiled on 48 long-term stream gages throughout New England. Appendices B and C contain a hydrograph and monthly flow statistics of the reference stream, respectively, and Appendix D lists the stream gages used in the analysis. The data from the reference stream was used to develop the default ABF values for August, February, and April/May.

Que. 16 How do ABF flow values compare with other standard setting methods such as Tenant?

Ans. The Tenant method uses percentages of average annual flow (AAF) to describe the suitability of seasonal instream flow conditions for aquatic life, e.g., for summer conditions 10% AAF = poor habitat; 30% AAF = fair habitat; and 50% AAF = excellent habitat. The ABF summer default of 0.5 cfs is slightly less resource conservative than Tenants' 30 percent average annual flow. The 0.5 cfs default is about 26 percent of the average annual flow of the ABF reference stream.

Que. 17 How does the median August default (0.5 cfs) compare to optimal flow?

Ans. The term optimal flow is a relative term depending on the life cycle requirements and preferences of the species involved. For obligate stream species or life stages such as trout, salmon, dace, and macroinvertebrates such as stoneflies which have an affinity for habitat with moderate water velocities, the optimal flow conditions are frequently in the range of 1.0-1.5 cfs. These same flow conditions could be expected to provide unsuitable or minimally suitable conditions for typical lacustrine (lake) and some facultative (generalists) species that may attempt to occupy free flowing sections of streams.

Que. 18 Under what conditions should standard setting methods be used?

Ans. Standard setting methods are most appropriate when: the project is relatively straightforward; the waters are not over-allocated to uses such as water supply, hydropower or irrigation; a single flow recommendation is sufficient; the administrative process is straightforward; time and cost constraints are significant issues; and a goal of the parties involved is to minimize risk and provide certainty during the regulatory process (see Appendix E).

Que. 19 When should site-specific studies be undertaken?

Ans. Site-specific studies such as the Instream Flow Incremental Method may be appropriate when: complex negotiation processes are involved; the project itself is complex; the waters are allocated or over-allocated; several flow alternatives need to be considered and compared against one or more baselines; complex administrative proceedings are involved; and time and costs are not major constraints (see Appendix E).

Que. 20 Does the Service have criteria or sideboards for site-specific studies?

Ans. Yes, Appendix F contains eight specific considerations that should be evaluated when contemplating a site-specific study.

Que. 21 Why was a fall instream flow criterion not included in the ABF method?

Ans. A fall instream flow criterion was considered to address migration, spawning and hydrograph protection. However, a fall criterion was not included for several reasons. The Service concluded that the most probable limiting conditions for fall spawners and overwintering aquatic life occurred during February due to low stream temperatures, low stream flow and instream ice conditions. The Service was also concerned about adding additional complexity to the method and the ability of agencies and the regulated public to administer these additional flow criteria.

Que. 22 How does the flow policy fit within the Clean Water Act framework?

Ans. The Service view is that the ABF method provides flow criteria and streamflow recommendations that achieve the interim goal of the Act. However, like other water quality criteria, compliance with the antidegradation policy could be problematic in cases involving high quality waters. It is important to recognize that the flow policy is not structured to provide stream flow recommendations that achieve the full restoration objective of the Act. Appendix G contains a more thorough discussion of these issues.

Que. 23 What do the terms csm/cfsm mean?

Ans. The terms csm and cfsm are simply abbreviations for cubic feet per second per square mile of drainage area. The terms convert discharge in cubic feet per second and drainage area in square miles into a universal expression or unitized value.

Que. 24 What is a default flow?

Ans. A default flow is simply a generic flow criterion applicable to a stream that does not meet the minimum ABF criteria, e.g., 25 years of records, etc., as discussed in Question 11. The default flows are developed from the flow statistics from 48 stream gages in New England. This same data set is used to develop the ABF reference stream.

Que. 25 What basic information is needed to develop a flow recommendation from the ABF method?

Ans. This question has two possible answers. If the project is on an ungaged stream or does not meet minimum ABF criteria, then the defaults apply. To use the defaults, you need to know the size of the drainage area above the project (dam, diversion, out take, etc) in square miles. The drainage area is then multiplied by the defaults to obtain the streamflow values in cfs that apply at the project site. If fall spawning fish occur in the stream, or if other critical aquatic needs are identified (winter fish refuge, hibernacula for turtles etc), then both the fall/winter and spring spawning and incubation flow criteria need to be met.

For projects on streams that meet ABF criteria (25 years of records, etc, see Question 8 and 9), the same process is used except that the median monthly flow for that specific stream is used instead of default numbers for August, February, and April/May.

Que. 26 What significance attaches to the term Interim above the title on the flow policy?

Ans. The reason that the word Interim was inserted above the title related to the pending change from the Carter to Reagan Administrations in early 1981. The policy was developed under the Carter Administration and, since implementation would occur in the new Reagan Administration, the word Interim was inserted to allow implementation to continue while discussion with policy level staff in the new Administration occurred. Under Secretary of the Interior Donald Hodel was briefed on the policy and determined that it was not contrary to Administration goals or policy.

Que. 27 Can the flow policy be used in nonregulatory administrative settings, e.g., in a stand-alone mode?

Ans. Yes, the most frequent example of this scenario is the use of ABF defaults in a planning mode. In the regulatory mode, the flow policy is used in conjunction with other administrative processes such as §401 Certifications, §402 and §404 permits, FERC exemptions and licenses, special use permits, NEPA, and alternatives analyses associated with one or more of the above.

Que. 28 Does ABF provide adequate hydrograph protection?

Ans. The ABF method is designed to protect low and moderate flow segments of the hydrograph where critical life cycle functions of aquatic life occur. This results in a constriction and flattening of the hydrograph and leaves significant portions unprotected. This condition is ameliorated at some water projects because they lack the capacity to materially affect the hydrograph above flow levels of 1.0 csm or greater. However, for large impoundments or large capacity water withdrawals, hydrograph protection may be problematic. For these reasons, additional hydrograph protection such as ramping rates (rate-of-change limits) percent diminishment limitations or other features may be advisable.

Que. 29 If site-specific study results and ABF standard setting values are both available, which method is used for determining flow recommendations?

Ans. Generally speaking, if site-specific studies have been properly coordinated, scoped, conducted and reviewed, the tendency should be to use site-specific over standard setting (ABF) data. Simply conducting a site-specific study, however, does not and should not lead to an automatic acceptance of study results. Site-specific studies such as IFIM are subject to a number of variables that can significantly affect study results such as species selection, transect placement, hydrologic baseline, negotiation technique, and the level of sophistication of participants.

Que. 30 How do IFIM results compare to ABF values?

Ans. The results of an IFIM study are expressed in graphical form depicting the relationships between weighted useable area (habitat) and streamflow. Flow values are negotiated from these graphs by the parties involved in the study. In contrast, the ABF standard setting method yields one answer and no negotiation. Generally speaking, flow recommendations negotiated from IFIM studies tend to be lower than ABF values.

Que. 31 Is it appropriate to use long-term gaging records from an unregulated stream to develop simulated unregulated flow records for a nearby ungaged stream, data from a stream with short-term records or a regulated stream for the purpose of developing stream specific ABF flow values?

Ans. No. The standard setting (ABF) section of the policy is designed to be prescriptive in nature. Unless the data and stream characteristics meet the basic criteria for the ABF method, e.g., 25 years of record, basically unregulated etc, the default flow values apply. However, under Section 6 of the policy, an applicant could propose a study to develop flow data and values for the situations described above. Caution is advised because under normal circumstances, the Service currently views the Instream Flow Incremental Method as the method of choice for site-specific flow studies. Where site-specific flow studies are done, applicants are frequently required to develop simulated flow records due to the absence of stream gage data or regulation. In these situations, the median of monthly average flow or monthly mean flow may be the preferred statistics rather than a median value based on average daily flows for the reasons described in Question 12.

Que. 32 Approximately how many times has the New England Flow Policy been applied?

Ans. A complete count of the total number of applications is not possible because no estimates are available for those situations where the policy has been used by agencies or parties other than the Service. The Service has used the policy on over 350 projects, predominately hydroelectric projects but also including public water supply, agricultural irrigation, snowmaking and power plant cooling water applications.

Que. 33 After reading the questions and answers, I still don't understand the New England Flow Policy.

Whom can I talk to?

Ans. Call Vernon Lang at 603-225-1411, or e-mail Vernon_Lang@fws.gov

Appendix A

INTERIM REGIONAL POLICY FOR NEW ENGLAND STREAMS FLOW RECOMMENDATIONS

1. Purpose

The U.S. Fish and Wildlife Service (USFWS) recognizes that immediate development of alternative energy supplies is a high national priority. We further recognize that hydroelectric developments are among the most practical near-term alternatives and that environmental reviews may have delayed expeditious licensing of some environmentally sound projects. A purpose of this policy is to identify those projects that do not threaten nationally important aquatic resources so that permits or licenses for those projects can be expeditiously issued without expensive, protracted environmental investigations.

This directive establishes Northeast Regional (Regional 5) policy regarding USFWS flow recommendations at water projects in the New England Area. The policy is primarily for application to new or renewal hydroelectric projects but should also be used for water supply, flood control and other water development projects. The intent of this policy is to encourage releases that perpetuate indigenous aquatic organisms.

2. Background

The USFWS has used historical flow records for New England to describe stream flow conditions that will sustain and perpetuate indigenous aquatic fauna. Low flow conditions occurring in August typically result in the most metabolic stress to aquatic organisms, due to high water temperatures and diminished living space, dissolved oxygen, and food supply. Over the long term, stream flora and fauna have evolved to survive these periodic adversities without major populations changes. The USFWS has therefore designated the median flow for August as the Aquatic Base Flow (ABF)¹/. The USFWS has assumed that the ABF will be adequate throughout the year, unless additional flow releases are necessary for fish spawning and incubation. We have determined that flow releases equivalent to historical median flows during the spawning and incubation periods will protect critical reproductive functions.

3. Directive

1. USFWS personnel shall use this standard procedure when reviewing procedure, providing planning advice for and/or commenting on water development projects in New England Area.

1/Aquatic Base Flow as used here should not be confused with the hydrologic base flow, which usually refers to the minimum discharge over a specified period.

2. SFWS personnel shall encourage applicants, project developers and action agencies to independently assess the flow releases needed by indigenous organisms on a case-by-case basis, and to present project-specific recommendations to the USFWS as early in the planning process as possible.

3. USFWS personnel shall recommend that the instantaneous flow releases for each water development project be sufficient to sustain indigenous aquatic organisms throughout the year.

USFWS flow recommendations are to be based on historical stream gaging records as described below, unless Section 6 herein applies.

1. Where a minimum of 25 years of U.S. Geological Survey (USGS) gaging records exist at or near a project site on a river that is basically free-flowing, the USFWS shall recommend that the ABF release for all times of the year be equivalent to the median August flow for the period of record unless superceded by spawning and incubation flow recommendations. The USFWS shall recommend flow releases equivalent to the historical median stream flow throughout the applicable spawning and incubations periods.
2. For rivers where inadequate flow records exist or for rivers regulated by dams or upstream diversions, the USFWS shall recommend that the aquatic base flow (ABF) release be 0.5 cubic feet per second per square mile of drainage (cfsm), as derived from the average of the median August monthly records for representative New England streams.2/ This 0.5 cfsm recommendation shall apply to all times of the year, unless superceded by spawning and incubation flow recommendations.

The USFWS shall recommend flow releases of 1.0 cfs in the fall/winter and 4.0 cfs in the spring for the entire applicable spawning and incubation periods.

4. The USFWS shall recommend that when inflow immediately upstream of a project falls below the flow release prescribed for that period, the outflow be made no less than the inflow, unless Section 6 herein applies.
5. The USFWS shall recommend that the prescribed instantaneous ABF be maintained at the base of the dam in the natural river channel, unless Section 6 herein applies.

2/ The ABF criterion of 0.5 cfs and the spawning and incubation flow criteria of 1.0 and 4.0 cfs were derived from studies of 48 USGS gaging stations on basically unregulated rivers throughout New England. Each gaging station had a drainage area of at least 50 square miles, negligible effects from regulation, and a minimum of 25 years of good to excellent flow records. On the basis of 2,245 years of record, 0.5 cfs was determined to be the average median August monthly flow. The flows of 1.0 and 4.0 cfs represent the average of the median monthly flows during the fall-winter and spring spawning and incubation periods.

6. The USFWS shall review alternative proposals for the flow release locations, schedules and supplies, provided such proposals are supported by biological justification. If such proposals are found by USFWS to afford adequate protection to aquatic biota, USFWS personnel may incorporate all or part of such proposals into their recommendations.
7. USFWS personnel shall forward their recommendations to the Regional Director for concurrence (prior to release) whenever such recommendations would differ from the median historical flow(s) otherwise computed in accordance with Sections 3a and 3b above. For projects with lengthy headraces, trailraces, penstocks, canals or other diversions, Regional Director's concurrence need not be obtained on flow recommendations applicable to the river segment between the dam and downstream point of confluence of the discharge with the initial watercourse.

4. Exemptions

On projects where the USFWS has written agreements citing 0.2 cfs as a minimum flow, the USFWS shall not recommend greater flows during the lifetime of the current project license. Three hydro-electric projects at Vernon, Bellow Falls and Wilder, Vermont, currently qualify in this regard.

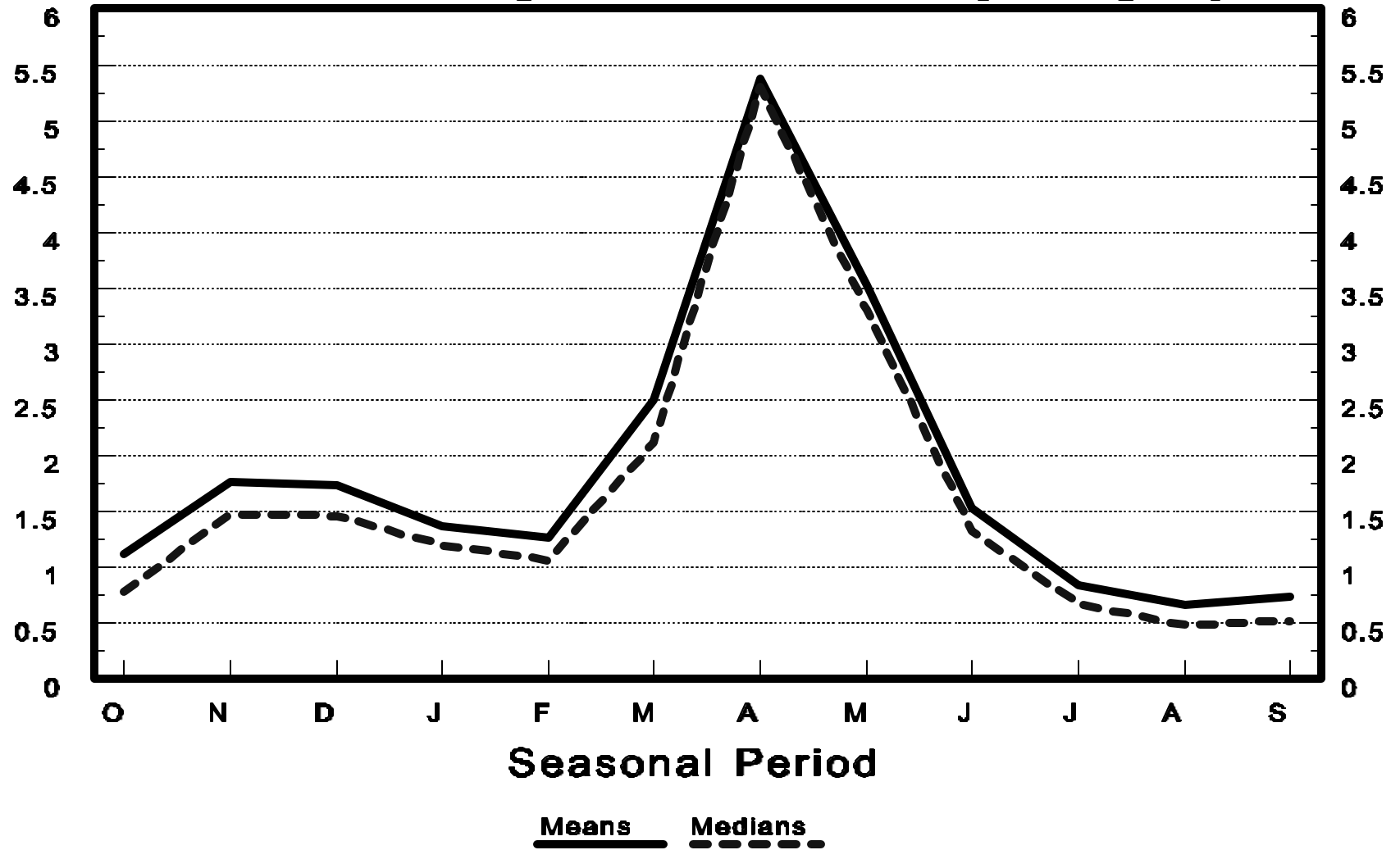
5. Previous Directives

The Regional Director's memorandum dated April 11, 1980 and attached New England Area Flow Regulation Policy are hereby rescinded.

Dated: 2/13/81

Signed: Howard N. Larsen,
Regional Director

Generic New England Stream Hydrograph



Cubic feet/second/square mile of drainage area

Appendix C

New England Stream Flow Patterns

Monthly flows in cfsm based on 48 streams with 2,245 years of USGS records.

	Oct.	Nov.	Dec.	Jan.	Feb.	Mar.	Apr.	May	June	July	Aug.	Sept.
Means	1.11	1.76	1.73	1.37	1.27	2.50	5.38	3.53	1.53	.83	.66	.74
Medians	.78	1.47	1.46	1.20	1.06	2.12	5.30	3.31	1.32	.67	.48	.52

Winter and summer low flow period

Spring and fall high flow period

Average annual flow \approx 1.89 cfsm

.6 cfsm \approx 30% average annual flow

.5 cfsm \approx 26% average annual flow

Southern and Coastal spring peaks are attenuated by winter precipitation in the form of rain

Interior streams have lower winter lows and higher spring peaks than coastal streams because of snow pack

Stream flow decline in July, August, and September due largely to evapotranspiration

Stream flow increase in October due partly to evapotranspiration decline after killing frost

Appendix D

LIST OF STREAM GAGES USED IN ABF

STATION	GAGE #	DRAINAGE AREA	PERIOD OF RECORD*
Ten Mile (CT/NY)	01200000	203	62 Years (1931-1993)
Salmon (CT)	01193500	102	65 Years (1929-1993)
Batten Kill (VT)	10329000	152	56 Years (1929-1984)
Walloomsac (VT)	01334000	111	63 Years (1931-1993)
Otter Creek (VT)	04282500	628	80 Years (1903-1993)
N.Br.Winooski (VT)	04285500	69.2	60 Years (1934-1993)
Dog River (VT)	04287000	76.1	59 Years (1935-1993)
Mad River (VT)	04288000	139	65 Years (1929-1993)
Lamoille (VT)	04292000	310	71 Years (1910-1993)
Missisquoi (VT)	04293500	479	74 Years (1915-1993)
Black (VT)	04296000	122	42 Years (1952-1993)
Halls Stream (Que/NH)	01129300	85	31 Years (1963-1993)
W.Br.Farmington (MA)	01185500	92	81 Years (1913-1993)
Housatonic (MA)	01197500	280	81 Years (1913-1993)
Hoosic (MA)	01332500	132	54 Years (1940-1993)
Diamond (NH)	01052500	153	53 Years (1941-1993)
Saco (NH)	01064500	386	72 Years (1904-1993)
Pemigewasset (NH)	01075000	193	40 Years (1940-1993)
Baker (NH)	01076000	143	50 Years (1929-1993)
Smith (NH)	01078000	85.8	76 Years (1918-1993)
Contoocook (NH)	01082000	68.1	38 Years (1945-1993)
Warner (NH)	01086000	146	39 Years (1940-1978)
Blackwater (NH)	01087000	129	70 Years (1918-1993)
S.Br.Piscataquog (NH)	01091000	104	41 Years (1940-1989)
Ammonoosuc (NH)	01137500	87.6	55 Years (1939-1993)
Mascoma (NH)	01145000	80.5	40 Years (1939-1978)
Wood (RI)	01118000	72.4	53 Years (1941-1993)
E.Br.Passumpsic (VT)	01133000	53.8	39 Years (1939-1979)
Moose (VT)	01134500	75.2	47 Years (1947-1993)
White (VT)	01144000	690	78 Years (1915-1993)
Williams (VT)	01153500	103	48 Years (1940-1992)
Allagash (ME)	01011000	1250	63 Years (1931-1993)
Fish (ME)	01013500	871	71 Years (1903-1993)

STATION	GAGE #	DRAINAGE AREA	PERIOD OF RECORD*
St. John (ME)	01014000	5690	67 Years (1927-1993)
Meduxnegeag (ME)	01018000	175	43 Years (1941-1983)
Machias (ME)	01021500	457	65 Years (1906-1977)
Narraguagus	01022500	232	46 Years (1948-1993)
W.Br.Union (ME)	01023000	148	61 Years (1910-1979)
Mattawamkeag (ME)	01030500	1418	59 Years (1935-1993)
Passadumkeag (ME)	01035000	299	64 Years (1916-1979)
Sandy (ME)	01048000	514	58 Years (1929-1993)
Swift (ME)	01055000	95.8	64 Years (1930-1993)
Nezinscot (ME)	01055500	171	52 Years (1942-1993)
L.Androscoggin (ME)	01057000	76.2	73 Years (1914-1993)
Millers (MA)	01162000	83	78 Years (1916-1993)
North (MA)	01169000	88.4	54 Years (1940-1993)
Mill (MA)	01171500	54	55 Years (1939-1993)
W.Br.Westfield (MA)	01181000	93.7	59 Years (1935-1993)

* Years in period of record may vary slightly due to whether data was recorded using calender year date of gage or by water years. Some gages have inactive periods during period of record which reduces the number of years of records.

UNITED STATES GOVERNMENT
MEMORANDUM

U.S. FISH AND WILDLIFE SERVICE

NEW ENGLAND FIELD OFFICE
22 BRIDGE STREET - UNIT # 1
CONCORD, NEW HAMPSHIRE 03301-4986

TO: Instream Flow Group, Region 5

September 13, 1994

FROM: Vern Lang

SUBJECT: Considerations for Instream Flow Studies

In recent years, agencies and the general public have placed greater emphasis on watershed management and protection. Streams and rivers represent one of our most extensively utilized and unfortunately, most stressed ecosystems. A low risk or conservative method of approaching watershed management and protection on rivers and streams is to emulate the spatial and temporal patterns of the natural environment. This may not always be achievable due to man's developments within each watershed. However, to insure that stream flow recommendations reflect an ecosystem perspective, the following should be considered:

1. When selecting species for use as evaluation species in IFIM and related studies of water development projects, obligate stream (lotic) species or life stages should be utilized or recommended. Facultative species and/or life stages should be carefully considered or, in some cases, avoided as evaluation elements. For instance, facultative or other generalists could be included as study elements, but not evaluation elements, when parties want to know how they would be affected by various stream flow regimes. Staff should focus their review and evaluation on the habitat specialists within the stream system such as members of the riffle/run community and on critical life cycle processes such as instream or overbank spawning, incubation, or winter survival. The guilding process is an effective way to identify appropriate habitat specialists. The intent is to insure that flow recommendations for habitat specialists are not compromised by data from species or lifestages of habitat generalists and facultative species. These latter species or lifestages should not form the basis for, nor unduly influence how staff prescribe or recommend stream flow regulation for habitat specialists.
2. Under normal circumstances, habitat suitability criteria (HSC) for aquatic life should be tested for transferability to the study site and be utilized, by preference, in the following order: (1) site (stream) specific curves based on empirical data; (2) category III preference curves; (3) category II utilization curves; and (4) category I or Delphi curves. The intent is to provide staff with discretion and guidance when determining which of the available suitability criteria bases would best emulate the spatial and temporal habitat conditions at a specific project.

3. Instream flow studies for impact assessment purposes need considerable attention at the "front end" or scoping phase. The species and habitat used as evaluation elements must be directly affected by changes in stream flow and the effects must be measurable. This seemingly obvious relationship is necessary to insure that the results are meaningful, that they demonstrate a streamflow-habitat relationship, and achieve the impact assessment purpose of the study.
4. Under normal circumstances, hydraulic simulations should be restricted to the ice free period.
5. Under normal circumstances, the habitat-flow relationship derived using habitat suitability criteria should be restricted to the temporal period of the data points contained therein.
6. Flow recommendations based on instream flow studies should consider optimum temporal and spatial conditions for the range of habitat specialists contained within the waterbody. This should expressly include overbank species or life stages. When natural flow conditions provide less than optimum habitat conditions, consider adopting the natural flow pattern until inflow exceeds the optimum level. The difference between optimum flow conditions for obligate stream species and conditions provided by natural low flow periods may be significant and represents an impact that should be considered along with water project impacts.
7. Staff are advised to use one of the standard setting methods (ABF or Tennant) as a reality check when scoping instream flow studies and for evaluating study results. In highly impacted streams and those without streamflow data, the ABF reference stream can be used as a baseline from which scoping and evaluation decisions are made.
8. When utilizing and/or evaluating time series analyses, staff should insure that the time steps are related to stream hydrologic characteristics. This includes response to short-term episodic events (rise and fall after storms) as well as longer-term events such as summer/winter low flows and fall/spring high flows. In addition to stream hydrology, various ecological factors such as biological time clocks, photoperiod, biological homogeneity-heterogeneity periods and species-specific life cycle processes need to be considered in time series analyses.

Staff should recognize that the ecological relationships of aquatic life in flowing waters are inherently complex. This guidance mentions only a few of the issues that have recently generated attention. Because instream flow studies rely on a small number of evaluation species to generate data for instream flow proposals, staff need to be more cognizant of the habitat specialists. Scientists will probably never be able to fully unravel the complex life history and environmental requirements of all aquatic life. Consequently, whenever possible, we should strive to emulate natural stream flow patterns as the least risk alternative for aquatic life.

Questions should be directed to me at 603-225-1411.

When to Apply

Standard Setting Method

Standards Settings Process

Relatively straightforward project

Water resource not over-allocated

Only need single flow recommendation

Administrative process straightforward

Time and cost constraints

Site Specific Method

Negotiation Process

Complex project

Water allocated or over-allocated

Need many potential flow alternatives

Complex administrative process

Time and cost not major constraints

RELATIONSHIP OF FLOW POLICY TO CLEAN WATER ACT

National Objective -	Restore and maintain the chemical, physical, and biological integrity of the Nations' waters 33 U.S.C. 1251(a)
Interim goal -	Water quality which provides for the protection and propagation of fish, shellfish, and wildlife, and provides for recreation in and on the water 33 U.S.C. 1251(a)(2)
Flow policy objective -	Stream flow conditions that will sustain and perpetuate indigenous aquatic fauna
Service view - (Interim Goal)	Flow policy is providing recommendations that achieve the interim goal Antidegradation compliance could be problematic where high quality waters are involved 40 CFR 131.12(a)(2) and (3)
(National Objective)	Restoration objective could be attained by: (11 prescribing median monthly flows for all months (12 prescribing run-of-river operation (13 prescribing optimum biological flows